

elephant ed

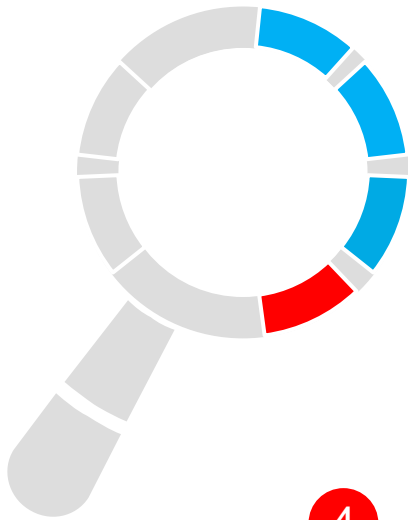
Statistics

1 97% of sexual assault **offenders** are **male**

2 83% of sexual assault **victims** are **female**

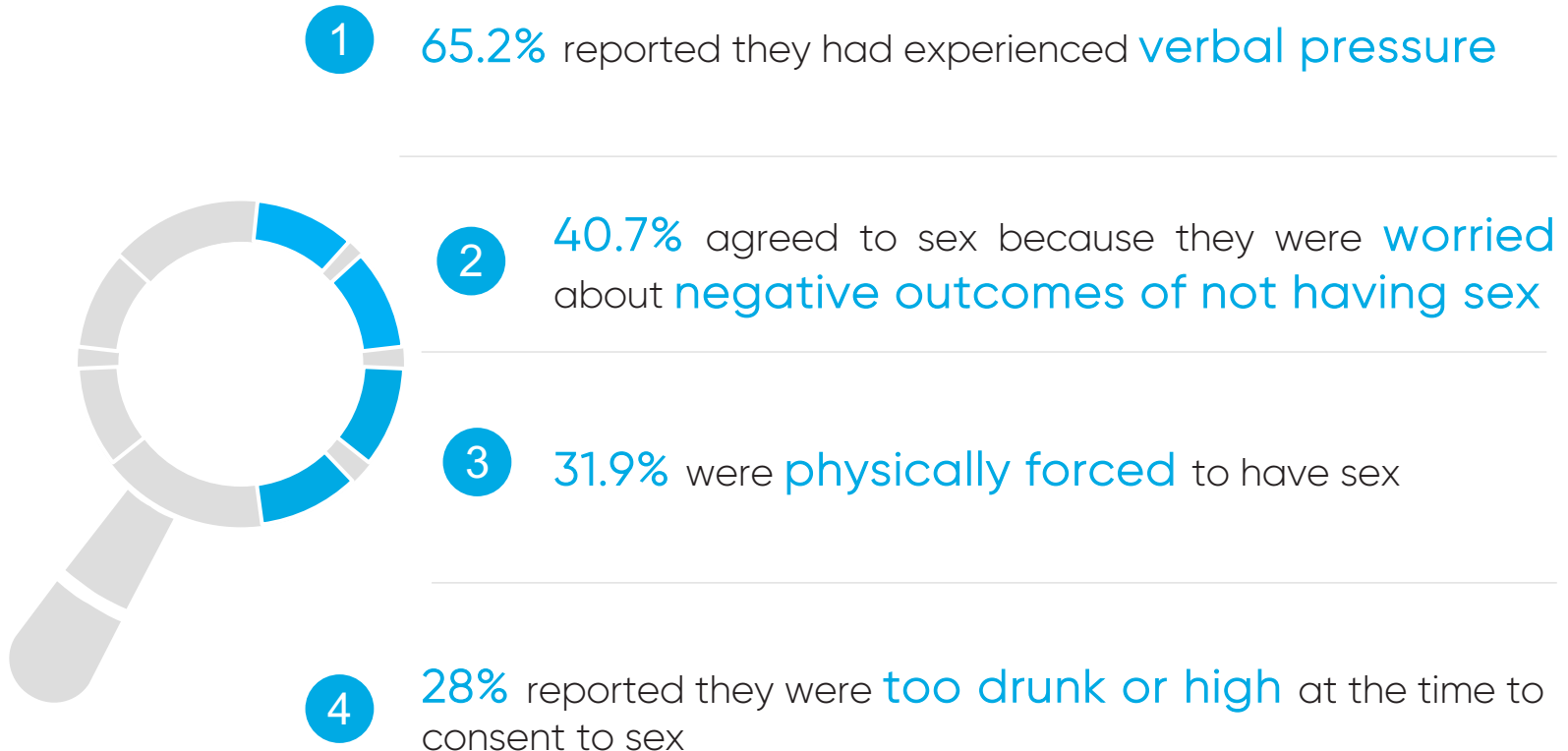
3 Of those victims, **91%** of **women** and **73%** of **men** knew the people who assaulted them

4 **Highest offender rates** of any age group were **males** aged 15-19



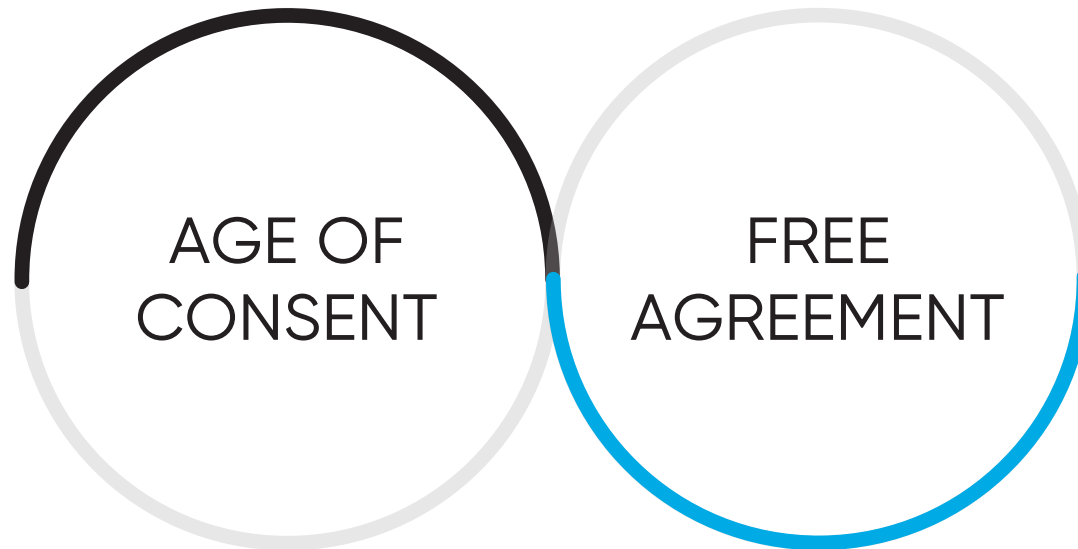
Sources: ABS – Sexual assault in Australia (aihw.gov.au)

Most recent experiences of unwanted sex

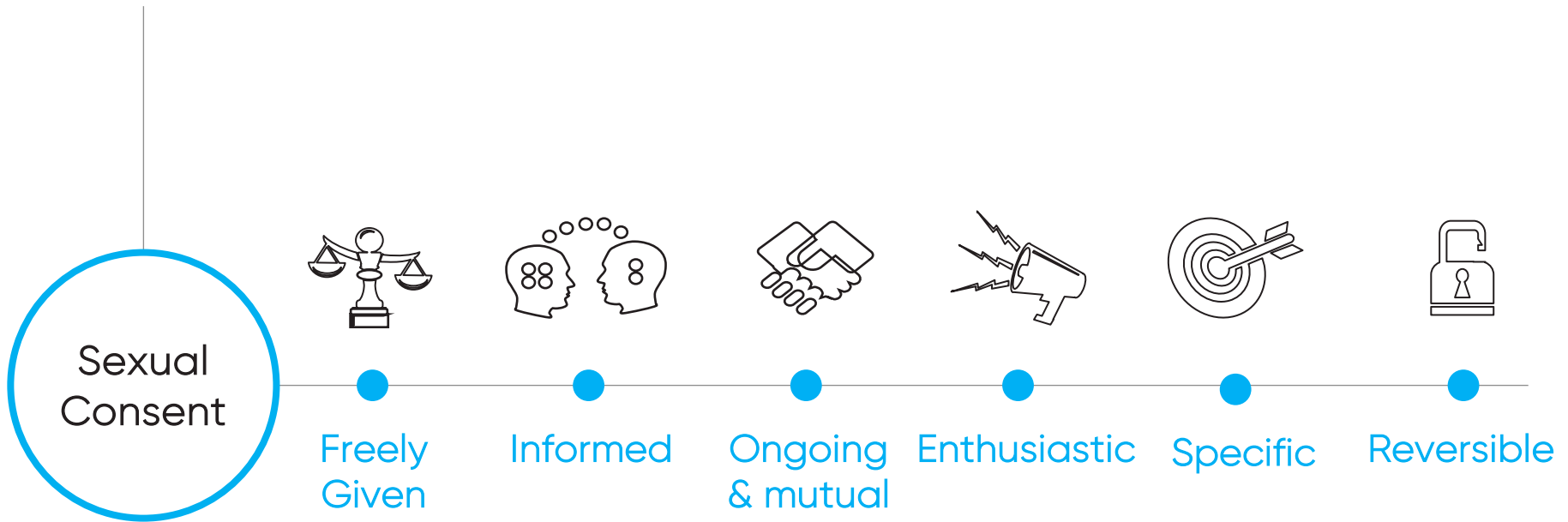


Source: The 7th National Survey of Australian Secondary Students and Sexual Health 2021: The Australian Research Centre in Sex, Health and Society, La Trobe University

Legalities



What is needed for sexual consent?



Application of consent

Safe Partying

- Freely given / informed consent
- Peer pressure at parties



Pornography

- Power-imbalance
- Gendered aggression



Sexting

- Image based abuse
- Peer pressure



Application of consent
to other areas

Seeking help / supporting your child



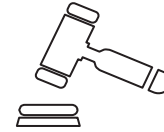
HEARTS TECHNIQUE

- Hear
- Empathise
- Affirm
- Record
- Tell someone
- Self care



SUPPORT AVENUES

- 1800 RESPECT
- Blue Knot Foundation
- Bravehearts
- Kids Helpline
- Living Well
- Sexual Assault Crisis Line
- Centres Against Sexual Assault (CASA)



KNOW YOUR RIGHTS

- Youth Law Australia
- Consider reporting to the school
- Consider reporting to the police

5 strategies to use at home

1. Talk early. Talk often.

- Start an open conversation
- Avoid the one-off "sex talk"
- Instead, have lots of little talks
- Talk earlier, rather than later

2. Avoid fear tactics.

- Focus on positive education and conversation, rather than fear tactics and punishments
- Ensure your child feels comfortable and safe turning to you for support when in need

3. Use teachable moments.

- Leverage triggers to start the conversation
- Use the current petition, media, and Elephant Ed's workshops as conversation starters

4. Be aware. Be informed.

- Educate yourself so you can pass on informed perspectives
- Have your eyes and ears to the ground

5. Model behaviour.

- Role model consent at home
- This includes behaviour towards your child, your boundaries for yourself, as well as your language
- Be conscious of victim-blaming language

Support Services

- 1800 RESPECT national helpline – 1800 737 732
- Lifeline 24 hour crisis line – 131 114
- Beyond Blue – 1300 224 636
- Sexual Assault Crisis Line – 1800 806 292
- Centres Against Sexual Assault – 1800 806 292

Practical resources

Please note, these resources are only recommendations. Before using, please ensure they are suitable for your child and align with your family values.

1. eSafety Commissioner – eSafety parents and carers – www.esafety.gov.au/parents
2. ReachOut Parents – <https://parents.au.reachout.com>
 - One-on-one, free personalised professional support
3. Vic Legal Aid: Sex & the Law – www.legalaid.vic.gov.au/find-legal-answers/sex-and-law
4. ReachOut Sexual Assault Support – <https://au.reachout.com/articles/sexual-assault-support>
5. Kids Helpline – What is Consent? <https://kidshelpline.com.au/teens/issues/what-consent>
6. Australian Government – respect.gov.au
<https://www.respect.gov.au/resources/talking-about-respect/>
7. Australian Government – Australian Institute of Family Studies: The effects of pornography on children and young people
8. Bravehearts – An Overview of Research on the Impact that Viewing Pornography has on Children, Pre-Teens and Teenagers
9. Consent Tea Video: <https://www.youtube.com/watch?v=fGoWLWS4-KU>